

Vanessa Knouse

505-920-7106

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Teaching

- Vinyasa Yoga Open Level and Foundations, Om Factory, Union Square NYC
- Guest Teacher & assistant to Patricia Lent, staging Roaratorio, Choreography by Merce Cunningham, University of North Carolina School of the Arts
- Guest Teacher, Cunningham Technique, The New Mexico School of the Arts
- Guest Teacher, Cunningham Technique, Aspen Santa Fe Ballet
- Assistant to Ellen Cornfield, restaging Pas de Detour, Choreography by Ellen Cornfield, Rutgers University Mason Gross School of the Arts
- Pilates Teaching Sub, Manifest Bodyworks, Brooklyn
- Assistant Teacher to Patricia Lent, staging Fielding Sixes, Choreography by Merce Cunningham, University of North Carolina School of the Arts

Education

University of North Carolina School of the Arts (UNCSA)

Bachelor of Fine Arts in Contemporary Dance

- 200 hour RYS Vinyasa Teacher Training, Om Factory School of Yoga NYC
- Restorative Yoga Teacher Training Level 1, Jillian Pransky, YogaWorks NYC
- Pilates Mat 1 & 2, Balanced Body, Joy Karley, Studio 26 NYC

Certifications

- 200 hour RYS Vinyasa Teacher Training, Om Factory School of Yoga NYC
- Restorative Yoga Teacher Training Level 1, Jillian Pransky, YogaWorks NYC
- Adult and Pediatric First Aid/CPR/AED, American Red Cross

Performance

- Bill Young and Colleen Thomas Co., *Interleaving*, Choreography by Bill Young, presented by the American Dance Festival at the Reynolds Industries Theater
- Merce Cunningham Trust, *Suite for Two* excerpt from *Suite for Five*, Staged by Andrea Weber, Baryshnikov Arts Center, Merce Cunningham Early Works
- Cornfield Dance, *Close Up*, Choreography by Ellen Cornfield, presented by Soaking WET Dance Series at the West End Theater
- Merce Cunningham Trust, *Crises*, Stage by Jennifer Goggans, Whitney Museum of American Art
- Cornfield Dance, *Pas de Detour & Raw Footage*, Choreography by Ellen Cornfield, presented by the Construction Company at University Settlement
- Graham Cole, *Auto bon*, Clarke Studio Lincoln Center
- Cornfield Dance, *Small Stages*, Choreography by Ellen Cornfield, Emelin Theatre
- Gary Taylor, *Journey of Honor*, Winston-Salem Festival Ballet (WSFB)
- Merce Cunningham Trust Workshop, *Fabrications*, Staged by Patricia Lent, 92nd st Y Fridays at Noon